

The Human at the heart of our actions!

Our team is here to help you!



Reasons for Consultation



Your EAP / EFAP / MAP



8 h of consultation per employee



Transferable to spouse and children



Including 1 h of legal consultation by phone



Renewed every January 1st



my-eap.ca
Code : **522-DOU**

CONTACT US



1 888 799.0303



1. Go to www.briopae.com/en/
2. Click on "Request a Consultation"

Submit a new request or
continue an ongoing follow-up



Renewal of your EAP/EAPF/APM

It is important to reactivate your file in the new year.



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1. Go to www.briopae.com/en/
2. Click on "Request a Consultation"

Are you already consulting a professional?

Open your file with Brio EAP via our web site or phone.
The process will be explained to you.

Your consultation request : 2 paths available 24 hours a day, 7 days a week

Regular Path



Request

Submit your request by filling out our web form or by calling us



Evaluation

Distress and level of urgency (Frontline intervention)



Referral

Your file is directed to the appropriate professional according to your needs



Initial Contact

Completed by the professional within 2 business days*



Appointment

Available within 10 business days*



Urgent Request

IMMEDIATE INTERVENTION
Referral to the crisis management team. If needed, support will be maintained until care is provided



Appointment

Within 2 business days* or
Referral and support to specialized resources**



*The timeframe may vary depending on the required criteria and the time of year.

**Examples of referrals to specialized resources: Therapy center (substance abuse, alcohol, etc.), Crisis center, Ambulance, Hospital setting, Shelter for victims of domestic violence.